

Monday

Tuesday

Wednesday


Thursday


















Friday

**Main Meal**

**OPTION 1**

**OPTION 2**




|  |  |  |   |   |
|--|--|--|---|---|
| Margherita pizza & oven baked wedges  | Mixed bean bolognaise with penne pasta  | Vegetable sausages with roast potatoes & gravy  | Vegetable stir fry with rice     | Vegetable nuggets, chips & tomato ketchup  |
| Pepperoni pizza & oven baked wedges  | Beef bolognaise with penne pasta        | Roast gammon with roast potatoes & gravy   | Chicken curry with rice          | Fish fingers, chips & tomato ketchup  |
| Broccoli & Beans                    | Carrots & peas                        | Carrot & cabbage                              | Broccoli & Cauliflower         | Baked Beans & Peas                       |
| <b>3</b> Cheese  | Cheese   | Cheese   | Cheese  | Cheese  |
| <b>4</b> Ham   | Ham  | Tuna mayo  | Ham   | Ham   |
| Lemon shortbread biscuit            | Chocolate & banana brownie sponge     | Apple strudel & Custard                       | Baked apple & cinnamon sponge  | Chocolate Shortbread                     |

**Veggies**



**Sandwiches**




**Sweet Treats**



Available Every Day - **5** Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



**KEY**

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Monday

Tuesday

Wednesday

Thursday

Friday

**Main Meal**

**OPTION 1**

**OPTION 2**

Margherita pizza & oven baked wedges

Vegetable pie & new potatoes

Cheesy cauliflower pasta bake

Veggie all day breakfast

Quorn dippers, chips & tomato ketchup

Tomato, spinach & salmon pasta

Chicken & vegetable pie with new potatoes

Roast turkey breast, roast potatoes & gravy

All day breakfast, with pork sausages

Fish & chips with tomato ketchup

**Veggies**

Broccoli & Beans

Peas & Carrots

Carrots & cauliflower

Baked beans & Peas

Peas & Beans

**Sandwiches**

Cheese

Cheese

Cheese

Cheese

Cheese

Ham

Ham

Tuna mayo

Ham

Ham

**Sweet Treats**

Traditional Flapjack

Apple crumble & custard

Ice cream

Carrot cake

Chocolate crispie cake

Available Every Day -

**5**

Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

**KEY**

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



**Main Meal**

**OPTION 1**

**OPTION 2**

**Veggies**

**Sandwiches**

**3**

**4**

**Sweet Treats**

|              | Monday                          | Tuesday   | Wednesday                                    | Thursday                          | Friday                                     |
|--------------|---------------------------------|---|--|-----------------------------------|--|
| OPTION 1     | Veggie chilli with rice         | Vegetable sausages & mashed potatoes with gravy | Cottage pie with gravy                       | Baked creamy mac 'n' cheese       | Vegan Sausage roll, chips & tomato ketchup |
| OPTION 2     | Beef chilli con carne with rice | Pork sausages with mashed potatoes & gravy      | Roast chicken breast, roast potatoes & gravy | BBQ chicken loaded mac 'n' cheese | Fish fingers, chips & tomato ketchup       |
| Veggies      | Sweetcorn & Peas                | Peas & carrots                                  | Broccoli & carrots                           | Selection from the salad bar      | Baked Beans & Peas                         |
| Sandwiches 3 | Cheese                          | Cheese  | Cheese                                       | Cheese                            | Cheese                                     |
| Sandwiches 4 | Ham                             | Ham   | Tuna mayo                                    | Ham                               | Ham  |
| Sweet Treats | Chocolate Shortbread            | Apple & berry crumble with custard              | Lemon Sponge & Custard                       | Brownie                           | Ice cream                                  |

Available Every Day - **5** Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



**KEY**

Wholegrain Vegetarian

Nutritionist's Choice Vegan