

# MALIN BRIDGE PRIMARY

## PILOT MENU



PRIMARY MENU	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Course</b>	Cheese & Tomato Pizza with Diced Potatoes	BBQ Chicken & Vegetable Burritos with Mixed Rice	Toad in the Hole with Roast Potatoes & Gravy	Spaghetti Bolognese	Fish Fingers with Chips & Tomato Sauce
<b>Vegetarian Main Course</b>	Loaded Jacket Wedges with Cheese or Beans	Beany Tomato Ragu with Rice	Vegetable Sausage with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Onion Bhaji Burger with Chips & Tomato Sauce
<b>Jacket Potato and Filling</b>	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
<b>Sandwiches</b>	Egg Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich
<b>Sandwiches</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
<b>Street Food</b>	Cheese Pasta Pot	Chicken & Sweetcorn Pasta Pot	Hot Roast Baguette of the Day	Tomato Pasta Pot	Fish Finger Wrap
<b>Vegetables</b>	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
<b>Dessert</b>	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Fruit	Vanilla Blondie & Apple Wedges	Shortbread

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish	
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.