

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



1

Margherita pizza and oven-baked wedges



2

Roasted vegetable pizza and oven-baked wedges



Veggie bolognaise with penne pasta (may contain soya)



Beef bolognaise with penne pasta (may contain soya)



Vegetable sausages with roast potatoes and gravy



Roast gammon with roast potatoes and gravy

Vegetable stir fry with rice



Chicken curry with rice



Vegetable sausages, chips and tomato ketchup



Fish and chips with tomato ketchup

Veggies



Broccoli and Beans



Carrots and Peas



Carrots and Cabbage



Broccoli and Cauliflower



Baked Beans and Peas



Sweet
Treats



Lemon shortbread biscuit



Chocolate and banana brownie sponge



Chocolate Brownie



Baked apple and cinnamon sponge



Chocolate shortbread



Available Every Day

5

Crunchy colourful Salad Bar

Jacket Potatoes with Vegan Cheese, Beans, Tuna with Vegan Mayonnaise, and Vegan Cheese & Beans

KEY

50-50 White & Wholegrain rice



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



1

Margherita pizza and
oven-baked wedges

Vegetable casserole and
new potatoes

Cauliflower pasta bake
(may contain soya)

Veggie all day breakfast

Margherita pizza, chips
and tomato ketchup

2

Tomato, spinach and
salmon pasta (may
contain soya)



Chicken and vegetable
casserole with new
potatoes



Roast turkey breast with
roast potatoes and gravy

All day breakfast with
pork sausages

Fish and chips with
tomato ketchup

Veggies



Broccoli and Beans



Carrots and Peas



Carrots and Cauliflower



Baked Beans and Peas



Beans and Peas



Sweet
Treats



Sultana Flapjack



Apple crumble



Lemon shortbread biscuit



Carrot cake



Raspberry jelly and
fruits



Available Every Day

5

Crunchy colourful Salad Bar

Jacket Potatoes with Vegan Cheese, Beans, Tuna with Vegan Mayonnaise, and Vegan Cheese & Beans

KEY

50-50 White & Wholegrain rice



Nutritionist's Choice

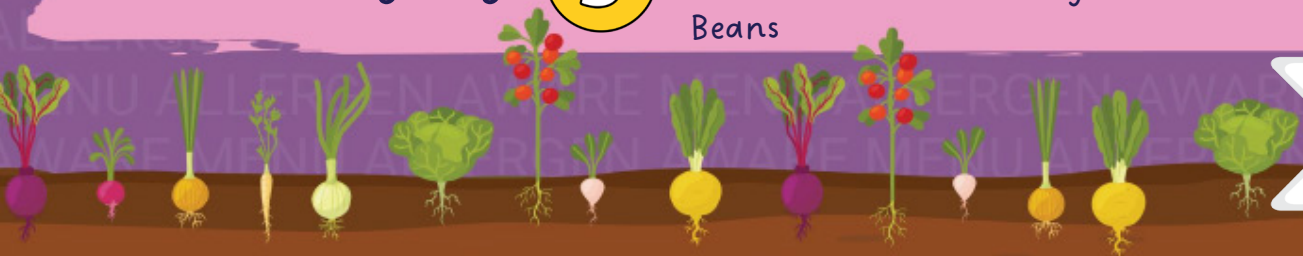


Vegan



		Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	1	Chilli with rice  	Vegetable sausages and mashed potatoes with gravy 	Cottage pie with gravy 	Mac 'n' Cheese (May contain soya) 	Vegetable sausages, chips and tomato ketchup 
	2	Beef chilli con carne with rice  	Pork sausages and mashed potatoes with gravy	Roast chicken breast with roast potatoes and gravy	BBQ chicken loaded Mac 'n' Cheese (may contain soya)	Fish and chips with tomato ketchup
Veggies 		Sweetcorn and Peas 	Carrots and Peas 	Broccoli and Carrots 	Selection from the salad bar 	Baked Beans and Peas 
Sweet Treats 		Chocolate Shortbread 	Apple and berry crumble 	Chocolate Brownie 	Raspberry jelly and fruits 	Lemon shortbread biscuit

Available Every Day **5** Crunchy colourful Salad Bar
Jacket Potatoes with Vegan Cheese, Beans, Tuna with Vegan Mayonnaise, and Vegan Cheese & Beans



KEY

50-50 White & Wholegrain rice 

Nutritionist's Choice  Vegan 