



MALIN BRIDGE PRIMARY SCHOOL



PE Curriculum: Topic Overview

YEAR A	CONTINUOUS ELEMENTS		AUTUMN ONE	AUTUMN TWO	SPRING ONE	SPRING TWO	SUMMER ONE	SUMMER TWO
KS1 INDOOR	Health, Fitness & Healthy Lifestyle	Fundamental Multi-skills	Multi Skills – Kicking, Run, Dodge, Punt	Dance	Wacky Races	Gymnastics	Multi Skills - Bat and Ball Skills	Mini Olympics
KS1 OUTDOOR			Multi Skills – Throwing, Catching, Striking	Futsal	Multi Skills – Jumping, Running, Leap	Multi Skills – Balance, Agility, Coordination	Multi Skills - Bouncing	Basketball
LKS2 A – INDOOR			Dance	Gymnastics	Volleyball	Swimming	Circus Skills	Dance
LKS2 A – OUTDOOR			Basketball	Football	Outdoor Adventure – Team Building, Orienteering	Tennis	Cricket	Athletics
UKS2 A – INDOOR			Badminton	Gymnastics	Goal Ball (inclusive sport)	Handball	Dance	Multi Skills - Relay Races
UKS2 A – OUTDOOR			Tag Rugby	Hockey	Outdoor Adventure – Team Building, Orienteering	Netball	Athletics	Fitness & Healthy Lifestyle (bleep test etc.)

YEAR B	CONTINUOUS ELEMENTS		AUTUMN ONE	AUTUMN TWO	SPRING ONE	SPRING TWO	SUMMER ONE	SUMMER TWO
KS1 INDOOR	Health, Fitness & Healthy Lifestyle	Fundamental Multi-skills	Multi Skills – Kicking, Run, Dodge, Punt	Futsal	Multi Skills – Balance, Agility, Coordination	Gymnastics	Multi Skills - Bat and Ball Skills	Mini Olympics
KS1 OUTDOOR			Multi Skills – Throwing, Catching, Striking	Classic Playtime Games	Multi Skills – Jumping, Running, Leap	Wacky Races	Multi Skills - Bouncing	Basketball
LKS2 A – INDOOR			Badminton	Gymnastics	Goal Ball (inclusive sport)	Swimming	Handball	Badminton
LKS2 A – OUTDOOR			Tag Rugby	Netball	Outdoor Adventure – Team Building, Orienteering	Hockey	Fitness & Healthy Lifestyle (bleep test etc.)	Team Teach -
UKS2 A – INDOOR			Gymnastics	Dance	Multi Skills - Volleyball	Gymnastics	Circuit Training	Team Teach -
UKS2 A – OUTDOOR	Basketball	Rounders	Outdoor Adventure – Team Building, Orienteering	Tennis	Cricket	Multi Skills – Ultimate Frisbee		

FOUNDATION STAGE	AUTUMN ONE	AUTUMN TWO	SPRING ONE	SPRING TWO	SUMMER ONE	SUMMER TWO
	Space, Movement & Rules of PE		Multi Skills – Throwing, Catching, Striking	Multi Skills – Balance, Agility, Coordination/ Dance	Multi Skills – Jumping, Running, Leap	Multi Skills – Bat and Ball Skills/Mini Olympics